

**GUIDELINES FOR BIRTHDAY TREATS  
AND CLASSROOM CELEBRATIONS**  
(Policy revised 06-22-17)

As part of the Southern Boone County R-I District Wellness Policy adopted by the school board, we must follow the following guidelines to promote health and wellness for our students:

- **We encourage healthy snacks.** They can easily replace the traditional cupcakes, cookies and candy.
- **No homemade foods are allowed.**
- **All foods,** with the exception of fruits and vegetables, must come to school in their original container and include an ingredient label.
- Foods **must be served with gloved hands by an adult.**
- **Soda or energy drinks will not be allowed during the school day for any student in any building.**
- **Suckers are not allowed in the district.**
- **ALL** celebrations involving treats **must be after lunch.**
- Please notify the classroom teacher at least one day prior to bringing treats for a celebration.
- If you send balloons or flowers in a glass vase as part of your child's birthday, please be advised they are not allowed at take balloons or glass on the bus. They will need to be picked up from school.

If you have questions regarding other issues pertaining to the district wellness policy, please contact your building nurse or principal.