

SOUTHERN BOONE COUNTY R-1

HEALTH SERVICES & PROCEDURES

Dear Parents/Students: Welcome to a new school year. Please read the following information regarding health services and procedures at SoBoCo, and keep as a reference during the coming school year.

Health Services

The district's health program is administered by a registered professional nurse on duty throughout the school term. This is to maintain for the students a state of physical, mental and emotional well-being as well as a range of health services as follows:

1. The immunization program as required by state law
2. Clinics- including vision, hearing, height, weight checks, dental screening, fluoride varnish, flu vaccinations and scoliosis screenings (parents will be notified of any abnormalities)
3. First Aid
4. Ill student procedures
5. Compiling and maintaining cumulative records on all students
6. Implementation of Wellness Policy
7. Coordinate and oversee Special Dietary requests

Accidents/Injuries

If an accident occurs at school, first aid is given as soon as possible. The parent/guardian is contacted by the nurse, or designated person, if deemed necessary. In a serious accident or emergency, when the parent/guardian cannot be reached, the child will be transported by ambulance to the emergency room as listed on the enrollment forms.

IT IS THE PARENTS/GUARDIANS RESPONSIBILITY TO KEEP EMERGENCY CONTACT NUMBERS AND MEDICAL CONDITIONS CURRENT.

General Health Information

The following information is provided to the parents/guardians regarding certain conditions that require absence from school, according to the State of Missouri guidelines:

Students need to remain home from school for the following:

- ❖ Fever of 100 degrees or more (or 24 hours fever free without the use of fever-reducing medications)
- ❖ Undiagnosed rashes
- ❖ Vomiting/Diarrhea (and 24 hours from last episode)
- ❖ Fainting (until evaluated by a doctor)
- ❖ Must be on antibiotics for contagious conditions for 24 hours
- ❖ Red, inflamed eyes (should not attend if itching, pain or pus drainage are present)—Consult a doctor
- ❖ Impetigo (a contagious skin condition involving characteristic “honey” colored crust)—Consult a doctor
- ❖ Ringworm- area must be treated and covered.
- ❖ Head lice and/or Viable Nits (children must be kept home and treated for live lice and viable nits) Students will not be allowed to ride the buses or return to class until the student is examined by the school nurse and found to be free of live and viable nits.
- ❖ Scabies- must provide a doctor’s statement of diagnosis, treatment and being cleared to attend school
- ❖ Common childhood diseases—call anytime with concern/questions
- ❖ Chickenpox (exclude 7 days from the onset of rash. May return to school after 7 days and all lesions have dry crust)
- ❖ Strep Throat (following a positive throat culture, the child must be on antibiotics and without fever for 24 hours before returning to school)
- ❖ Flu-like illness (remain home until fever free for 24 hours and child feels well enough to resume all daily activities)
- ❖ Mononucleosis (infected child may attend school once diagnosed, as long as he/she is without fever and precautions are taken with water fountain use. Also, they should feel well enough to return to daily activity)

Students that are sent home ill, with elevated temperatures, vomiting, diarrhea, are asked to be kept home until they are symptom-free for 24 hours. Many students are sent home ill one day, return the next, and then need to be sent again because they have not fully recovered.

Students must be seen in the health office before being sent home for illness or injury. This is for the purpose of monitoring, illness tracking and documentation. Please remind your student **not to contact you via classroom, office or cell phones** if they are ill or have an injury.

We appreciate parents sharing the diagnosis and treatment of children seen by a physician so that we can be alerted to possible problems in other children. Try to make a habit of obtaining a note from your physician whenever your child needs to see them for an illness. Please have them write down the date that your student may return to school.

Medication

School personnel will dispense medication **only** with a written physician's order. Over-the-counter medications, such as Aspirin, Tylenol and Ibuprofen will not be dispensed without a written prescription. Medications to be given at school must be brought to the health office in the original container, have the prescription label attached, and be accompanied by written parent/guardian permission. Parents are responsible for providing the prescription for over-the-counter medications that their child will need.

The instructions should include the following information:

- Student's name
- Name of medication
- Specific instructions for administration
- Physician's name

Students with chronic or specific medical problems requiring medication for emergency situations should have their medications properly labeled as listed above. Specific written instructions should be provided as to when and under what circumstances medications are to be given (i.e. Asthma Action Plan). This information should be provided and signed by the student's physician and parent/guardian annually.

Secondary students (grades 9-12) are allowed to carry over-the-counter medications needed for one day only, with signed parent permission.

This form needs to be completed annually and is part of the on-line registration packet.

Immunizations

Children are required by state law to be current on all immunizations before entering school, and to remain in compliance throughout their school years. If they are not, they will not be allowed into school (or to continue) unless an exemption is signed by parent/guardian or physician.

Wellness Policy

SoBoCo Schools has a written Wellness Policy (written 8/2006, revised 6/2017) which includes guidelines for breakfast, lunches, birthday celebrations, classroom parties and fundraising. The guidelines for parties and celebrations are as follows:

- We encourage healthy snacks
- No homemade foods are allowed, district wide
- No suckers are allowed, district wide
- No energy drinks or soda are allowed, district wide
- All foods, with the exception of fruits and vegetables, must come to school in their original container and include an ingredient label
- Foods must be served with gloved hands by an adult
- All celebrations involving food must be after lunch.

Special Dietary Needs

SoBoCo Schools will offer food substitutions to students that have a life-threatening or debilitating food allergy or conditions. It must be documented by a licensed physician, Physician assistant, Nurse Practitioner. A medical statement (school provided) must be completed and signed annually, stating the child's disability or medical condition and the major life activities affected by that disability or condition. Appropriate substitutions will be made by food services based on availability and cost.

The only substitution for milk will be soy milk. Water and juice will still be available to purchase separately to students in grades 6-12.

Thank you for taking the time to read and review this information. If you ever have any questions, comments or would like to talk with either of the school nurses, our numbers are listed below. Have a safe and healthy school year!

Robin Bullard, RN

Brenda Curtis, LPN

Primary/Elementary

Middle/High Schools

573-657-3223

573-657-3222