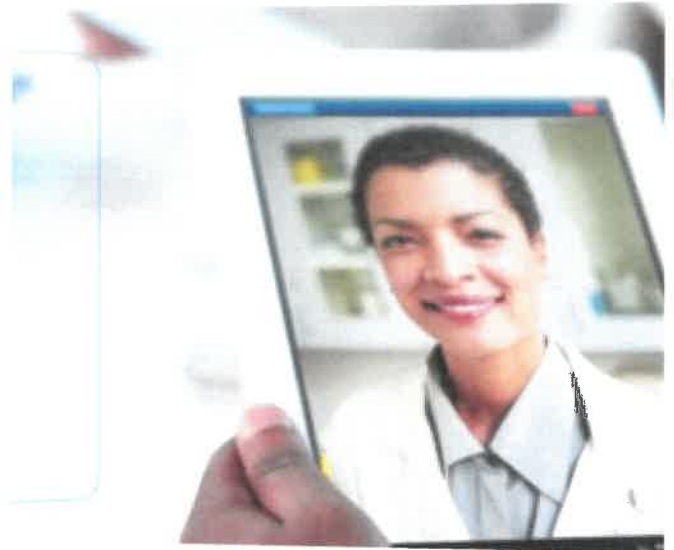


# See a doctor or therapist when it works for you

Using LiveHealth Online, any time works for a video visit with a doctor or therapist.



If you need care for a health issue, or support if you're feeling anxious or having trouble coping on your own, LiveHealth Online is ready to help. You can stay home and have a video visit with a board-certified doctor or licensed therapist on your smartphone, tablet or computer.

## By using LiveHealth Online, you can

- **See a board-certified doctor in a few minutes with no appointment.** Doctors are available 24/7 to assess your condition and, if it's needed, they can send a prescription to your local pharmacy.<sup>1</sup> When your own doctor isn't available, use LiveHealth Online if you have pinkeye, a cold, the flu, a fever, allergies, a sinus infection or another common health condition.
- **Make an appointment with a licensed therapist in four days or less.**<sup>2</sup> You can have a video visit with a therapist from home, at work or on the go — evenings and weekend appointments are available too. Appointments can be scheduled online or over the phone at **1-888-548-3432** from 7 a.m. to 7 p.m., seven days a week. You can get help for anxiety, depression, grief, panic attacks and more.

## What will a visit cost?

Your Anthem plan includes benefits for video visits using LiveHealth Online, so you'll just pay your share of the costs — usually \$59 or less for medical doctor visits, and a 45-minute therapy session usually costs the same as an office therapy visit.

## Sign up for LiveHealth Online today — it's quick and easy

Go to [livehealthonline.com](https://livehealthonline.com) or download the app and register on your phone or tablet.



See a doctor or therapist on LiveHealth Online.

Create your account for FREE on [livehealthonline.com](http://livehealthonline.com) or download the free mobile app.

Review your benefit booklet for the cost of the visits.

LiveHealth<sup>®</sup>  
ONLINE

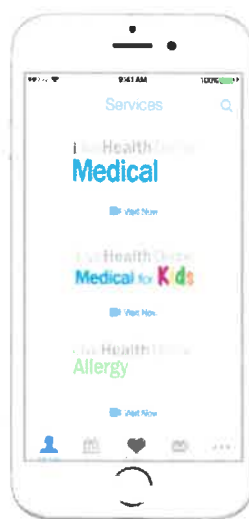
# Visit with a doctor or therapist on your smartphone!

It's easy and convenient access to the care you need.



## ① Sign up

at [livehealthonline.com](http://livehealthonline.com) or using the free LiveHealth Online mobile app. Enter your Name, Date of Birth, Gender, Location, Email Address and Create a Password. The service key field should be left blank and enter your Anthem Medical ID Number.



## ② Choose a doctor

You'll see a list of available doctors, their experience and ratings. Review the profiles of available doctors and select the one you want to see.



## ③ Have a visit

During your video visit the doctor will assess your condition, provide a treatment plan and can send prescriptions to the pharmacy you select if needed.

### Commonly Treated Conditions

- The flu
- A cold/cough
- Depression
- Fever
- Sinus infection
- Anxiety
- Pink eye
- Sore Throat
- Grief
- Headache
- Stress
- Panic attack

If you need help creating your LiveHealth Online account call 1-888-548-3432 24/7.