

S.B.C. Lady Eagle Basketball

-Summer Schedule-



June 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 May 29-31st: Camp	28 Memorial Day	29 HS Weights: 7-8AM SBC PD Camp @ HS	30 HS Weights:7-8AM SBC PD Camp @ HS	31 HS Weights:7-8AM SBC PD Camp @ HS	1	2
3	4 HS Weights: 7-8AM HS PD: 8-9AM MS PD: 9-10AM MS Weights:10-11AM	5 HS Weights: 7-8AM MS Weights: 10-11AM	6 HS Weights: 7-8AM HS PD: 8-9AM MS PD: 9-10AM MS Weights:10-11AM	7 HS Weights: 7-8AM MS Weights: 10-11AM Lincoln League 5-9PM Var/JV/9th	8	9
10	11 HS Weights: 7-8AM MS Weights: 10-11AM Harrisburg ShootOut Var/JV	12 HS Weights: 7-8AM MS Weights: 10-11AM	13 HS Weights: 7-8AM HS PD: 8-9AM MS PD: 9-10AM MS Weights:10-11AM	14 HS Weights: 7-8AM MS Weights: 10-11AM Lincoln League 5-9PM Var/JV/9th	15	16
17	18 HS Weights: 7-8AM HS PD: 8-9AM MS PD: 9-10AM MS Weights:10-11AM	19 HS Weights: 7-8AM MS Weights: 10-11AM	20 HS Weights: 7-8AM HS PD: 8-9AM MS PD: 9-10AM MS Weights:10-11AM	21 HS Weights: 7-8AM MS Weights: 10-11AM Lincoln League 5-9PM Var/JV/9th	22	23
24	25 HS Weights: 7-8AM HS PD: 8-9AM MS PD: 9-10AM MS Weights:10-11AM	26 HS Weights: 7-8AM MS Weights: 10-11AM	27 HS Weights: 7-8AM HS PD: 8-9AM MS PD: 9-10AM MS Weights:10-11AM	28 Licking Camp Mexico HS Var/JV/9th	29 Licking Camp Mexico HS Var/JV/9th	30

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July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 OFF	3 OFF	4 OFF	5 OFF	6 OFF	7
8	9 HS Weights: 7-8AM	10 HS Weights: 7-8AM	11 HS Weights: 7-8AM	12 HS Weights: 7-8AM	13	14
15	16 HS Weights: 7-8AM	17 HS Weights: 7-8AM	18 HS Weights: 7-8AM	19 HS Weights: 7-8AM	20	21
22	23 HS Weights: 7-8AM	24 HS Weights: 7-8AM	25 HS Weights: 7-8AM	26 HS Weights: 7-8AM	27	28 Dead Period
29 Dead Period	30 Dead Period	31 Dead Period	1 Dead Period	2 Dead Period	3 Dead Period	4 Dead Period